Campus Diary

Don’t Drink and Work

In research to be filed under “No kidding!” we recently read a study summary that found a connection between binge drinking and unemployment. Here’s an actual quote from the study author: “Problem drinking while employed could impact on your ability to perform work tasks, due to hangovers, health problems caused by drinking, frequent absences, or actual ‘drunk working’.”

Shocking, we know. Not to make light of those with alcohol-related problems, but why was this study conducted? We spoke to Steven Millette, executive director of the hospital’s Center for Dependency, Addiction and Rehabilitation (CeDAR), and CeDAR admissions supervisor Marlyce Bowdish to get their take on this revelatory research.

CeDAR Executive Director Steven Millette and CeDAR admissions supervisor Marlyce Bowdish discuss the seemingly obvious notion that binge drinking and steady employment don’t mix.

What do you think of this study?

Steve Millette: It’s a bit intriguing at first. But from my perspective, it draws a lot of conclusions that are pretty obvious.

Marlyce Bowdish: I thought it was inconclusive. Also, it didn’t make a distinction between alcoholics and normal drinkers.

Can you believe they found a correlation between binge drinking and unemployment?

SM: Yes.

MB: Well, duh.

Welcomes

Who’s new on campus

Tracy Akers, Surgical Technologist
OR - ACAM

Kelsey Applebaugh, Clinical Nurse
Cardiac ICU

Lindsay Baleva, Clinical Nurse
Orthopaedics

Micheal Banh, Clinical Nurse
Surgery

Katharine Barwick, Business Systems Analyst
Epic Operating

Mary Bass, Clinical Nurse
Emergency Dept.

Laura Baumgartner, Pharmacy Resident
Inpatient Pharmacy

Mark Blancke, Clinical Nurse
Neuro ICU

Kaitlin Blasco, Care Team Assistant - ED
Emergency Dept.

Anne Boakye Otoo, Certified Nursing Assistant
PACU - AIP

Danielle Bondurant, Physical Therapist
Inpatient Physical Therapy

Lauren Boyle, Pharmacy Resident
Inpatient Pharmacy

Jennifer Brelsford, Clinical Nurse
Transplant/Medicine

Corinthiah Brown, Addiction Tech
CeDAR Residential Care

Donald Bryan, Addiction Tech
CeDAR Residential Care

Jonathan Carnero, Clinical Nurse
Critical Care Surge Unit

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The study showed that drinking on the job could impact your work productivity. Does this surprise you?
MB: Not at all.

Have you read other seemingly worthless studies related to addiction and substance abuse? Like, for example, a study that ties cigarette smoking to lung cancer or cocaine use to insomnia?
MB: I found the study hard to read because I kept thinking, “No kidding.”
SM: I was trying to find places where it had merit … trying to find something new. They could’ve explored the gender differences. But the fact that they used the same binge drinking criteria [for men and women] is a mistake in this study because it is skewed toward women.

Do you think they should do a study on whether smoking marijuana can increase your desire for snack foods?
SM: No. But there is good research that has gone on here about the correlation between early marijuana use and schizophrenia. That’s worth studying.

The study says that it’s inconclusive if unemployment can lead to binge drinking or have no effect at all on drinking. Who do you think pays for a study like this?
MB: I’d love to know.
SM: It is interesting that it’s going to be published in a reputable journal.

Anything you’d like to add?
MB: Yes, being drunk at work does affect your work.

Getting Grounded
Getting to know: Russell Jones, groundskeeper.

What do you do as a groundskeeper?
Gardening, maintaining the grounds, picking up trash. I focus on the whole campus.

Listings Cont.
Emily Chen, Clinical Nurse
OR - AIP

Jacqueline Chomicki, Pharmacy Resident
Inpatient Pharmacy

Kevin Curler, Pharmacy Resident
Inpatient Pharmacy

Amanda Curtis, Clinical Nurse
Cardiac Cath Lab

Rachel Daetwyler, Clinical Nurse
Neuro ICU

Lesley Donohue, Clinical Nurse
Emergency Dept.

Megan Douglas, Clinical Nurse
Neuro ICU

Tamara Earl, Medical Assistant
Spine Center & Rehab

Beth Ellingson, Clinical Nurse
Surgery

Brittany Ficco, Food Service Worker
Food and Nutrition Services

Ashli Fishman, Clinical Nurse
Cardiac Intermediate Care Unit

Benjamin Fordahl, Physical Therapist
Inpatient Physical Therapy

Aubrey Frederking, Clinical Nurse
NICU

Kirsten Fredrickson, Clinical Nurse
Medicine

Kelly Gendron, MRI Technologist
Radiology

Kimberly Gettman, Medical Registrar
Oncology Services Admin.

Amanda Gordon, Ophthalmic Technician
UCH Eye Center - LoDo
How did you get into this field?
I get into landscaping right after I graduated high school and stayed in it. I’ve been doing landscaping since I was about 19. I like working with my hands. It’s rewarding to go into someone’s yard and change it up and make it look real nice.

What brought you to UCH?
I was working for a smaller landscape company that didn’t offer any benefits … also, it was slowing down because of the economy. I happened to look on Craigslist one day and there [was an advertisement for the job]. I gave it a shot, and I was lucky enough to get it.

What did you do prior to working at UCH?
Before the landscape company, I worked for a company called Enviromatics. We cleaned grease out of ductworks in restaurant kitchens. It was a very dirty, stinky, messy job, as you can imagine.

What do you like to do in your spare time?
Work on my trucks, cars. I like to hunt and fish and spend time with my son.

What was the highlight of your summer?
Getting this job.

What’s your favorite thing about UCH so far?
How friendly everyone is who works here. I never met anyone with a bad attitude. Everyone is very helpful.

What do you think are the Broncos’ chances for making it to the Super Bowl this season?
I think they have maybe a 70 percent chance.
Campus Diary continued

Family unit
Son, Russell Jr., is 19 years old and serving in the U.S. Army.

Final thoughts on working at UCH:
Just how great my boss is and how great my coworkers are. I never really worked at a place like this. I hope to retire here.

UCH Newlywed Game
Lynn Conroy, administrative coordinator for the Clinical Lab, suggested we do a story about the many spouses and siblings who work together here at UCH. We decided, instead, to see how much she and her husband, Patrick Conroy, Support Services manager and safety officer, who have been married for 21 years, knew about the work that each of them do.

It’s a challenge similar to the one used on the old TV game show “The Newlywed Game.” Remember that one? Well, Lynn and Pat remembered the show, but not what the other was wearing that day.

Question #1: What’s your spouse’s title?
Patrick: Laboratory administrative coordinator (correct!)
Lynn: Um, manager, environmental and emergency preparedness. I think that’s it.
Correct answer: Support Services manager and safety officer

Question #2: Who’s your spouse’s boss?
Patrick: Karin Ingle.
Correct answer: Joan Coleman.
Lynn: Tom Davis (correct!)

Listings Cont.

Helen Lor, Care Team Assistant
Gynecology

Molli Lowry, Addiction Tech
CeDAR Residential Care

Jorden Mackin, Clinical Nurse
OR - AIP

Demi McCashland, Pharmacy Resident
Inpatient Pharmacy

Jessica McDermott, Program Support Assistant
Critical Care Admin.

Gloria Medina, Pharmacy Tech
Inpatient Pharmacy

Natalie Meyer, Dietitian
Food and Nutrition Services

Eva-Maria Moreau, Care Team Assistant - Eye Clinic
Ophthalmology

Ellen Morgan, Traveler RN
Oncology

Kathryn Moser, Clinical Nurse
Critical Care Surge Unit

Billy Moua, Medical Laboratory Scientist
Clinical Lab

Abigail Munoz, Food Service Worker
Garden View Café

Caitlin Nordeck, Certified Nursing Assistant
Medicine

Jana Palaia, Clinical Nurse
Medical ICU

Alisha Pepera, Clinical Nurse
Orthopaedics

Paula Peterson, Clinical Nurse
Medicine

Jessi Pinnock, Clinical Nurse
Medicine Specialties
**Campus Diary continued**

**Question #3: What hours does she/he work?**
Patrick: Official hours are 8:00 to 5:00, but her schedule is about as screwy as mine.
Lynn: Usually we shoot for 8:00 to 6:00 or 7:00 to 6:00. We drive together.

**Question #4: How long have you been working at the same hospital?**
Patrick and Lynn: Two years.

**Question #5: How often do you have lunch together?**
Patrick: A couple of times a week.
Lynn: Rarely. Maybe once a month.

**Question #6: What’s your spouse wearing today?**
Patrick: Black pants, flats and a black-and-white checked jacket with a white blouse.
Correct answer: Black pants, black flats, a black jacket and a rust-colored blouse.
Lynn: A dark charcoal suit. I think a beige shirt and a green tie.
Correct answer: Pinstriped charcoal suit. Cranberry shirt and a gray, black and cranberry tie.

**UCH Celebrity Twin**
A young Jodie Foster, don’t you think? We spoke to ENT Charge Nurse Cari Newkirk, RN, to ask her if she saw the resemblance.

Has anyone ever told you that you look like Jodie Foster?
All the time. I’ve gotten it at Disneyland ... on a scuba diving trip in Honduras. [Dr. John Song] teases me all the time because he’s a big fan and has all her movies.

**Listings Cont.**

Emily Porritt, Admin. Fellow Hospital Administrative
Daryl Joyce Presiados, Clinical Nurse Medicine Specialties
Brittney Reagan, Traveler RN OR - AIP
Paul Reynolds, Pharmacy Resident Inpatient Pharmacy
Desiree Roberts, Specialty Instrument Tech Sterile Processing
Margaret Roth, Care Team Assistant - ED Emergency Dept.
Larry Royston, Clinical Nurse Rehabilitation
Elizabeth Sadighian, Medical Laboratory Scientist Clinical Lab
Laura Seifert, Clinical Nurse Cardiac Intermediate Care Unit
Laurie Sempeck, Contract Manager Managed Care & Contract Admin.
Anand Sethi, Behavioral Health Worker CeDAR Residential Care
Brittany Shaheen, Clinical Nurse NICU
Bonnie Shelor, Chief Human Resources Officer UC Health Admin.
Alison Short, Clinical Nurse Pulmonary
Sara Smith, Behavioral Health Worker CeDAR Residential Care

Cari or Clarice? ENT’s Cari Newkirk could stand in as Jodie Foster’s Clarice Starling.
Campus Diary continued

Do you see it?
I guess a little bit because of my nose and cheeks. I should be impressed that I look like her because she’s so intelligent.

What’s your favorite Jodie Foster movie?
Of course it has to be “Silence of the Lambs.”

Have you ever been told you look like another celebrity?
I’ve also had someone tell me I look like a young Michelle Pfeiffer.

Have you ever used your resemblance to your advantage?
No. I haven’t gotten in anywhere because I look like her. Unfortunately.

Have you ever noticed that your co-worker looks exactly like Ryan Gosling or Scarlett Johansson (don’t you wish)? Or have you ever been mistaken for a famous person, be it a politician, musician, actor, sports figure or (hopefully not) a reality TV star? Email us at uch-insiderfeedback@uch.edu and tell us who you or your co-worker resembles.

Sign Off

Whenever I go to the bathroom in the Leprino Building, I’m annoyed. Not because they’ve run out of toilet paper or paper towels. It’s the sign. The one that says, “Please remember to wash your hands.” Come on. I’m an adult. I know that I should wash my hands. Why isn’t there a sign that says, “Please flush toilet”? Or “Don’t pick your nose”? I know it’s an innocuous reminder. But still, it annoys me.

Danielle Sockolosky, Physical Therapist
Inpatient Physical Therapy

Liya Sohl, Traveler RN
Medicine

Shala Sommerville-Henderson, Clinical Nurse
Cardiac ICU

Michelle St. Onge, Clinical Nurse
Birth Center

Annie Tat, Clinical Nurse
Medicine Specialties

Karina Taylor, Medical Assistant
Lone Tree Health Center

Lorena Valenzuela, Medical Assistant
Cancer Center

Julie Vance, Surgical Technologist
OR - ACAM

Jamie Vencil, Traveler RN
Medicine Specialties

Kara Wilkoff, Clinical Nurse
Women’s Care Center

Kendra Williamson, Clinical Nurse
Cardiac Intermediate Care Unit

Henry Ziebarth, Clinical Nurse
Medicine Specialties

Okay! Okay!
My mother brought me up right!
See anything weird, wonderful, amusing and/or interesting around UCH Anschutz Campus? Please let us know at uch-insiderfeedback@uch.edu. Or send ideas directly to Diary dynamo Joelle Klein (pictured) at joelleklein@yahoo.com.

Klein is a Denver-based freelance writer who specializes in health and wellness issues. When she’s not searching for quirky UCH campus incidents or interviewing fascinating new employees, she’s reading, enjoying the outdoors or spending quality time with her family.